



## SNACKS & APPETIZERS

<b>EAST HAMPTON OLIVES</b> 🌿 .....	<b>95</b>
<i>Marinated olives, smoked paprika &amp; garlic</i>	
<b>TEMPURA VEGGIES FROM FROSTA</b> .....	<b>105</b>
<i>Tempura friterte grønnsaker fra Frosta (G, E)</i>	
<b>BLOODY MARY OYSTER SHOT</b> 🌿 .....	<b>115</b>
<i>Oyster, celery, cucumber &amp; Bloody Mary shot (G, B, S, BF, SI)</i>	
<b>CRISPY COD</b> .....	<b>125</b>
<i>Panko-fried cod, grilled lemon &amp; smoked mayonnaise (G, E, F, SN)</i>	
<b>CRAB CAKE CAJUN STYLE</b> .....	<b>145</b>
<i>Cajun crab cake, chili roasted pear, crispy salad &amp; lobster aioli (G, S, E, F, SI)</i>	
<b>DUMPLING TOWN</b> .....	<b>98</b>
<i>Vegetarian dumpling, bok choy salad &amp; dip sauce (G, SO, SE, SU)</i>	
<b>FOREST PIZZA FROM HITRA</b> .....	<b>155</b>
<i>Grilled flatbread, mushroom, smetana, Grotte cheese from Hitra Gårdsmat (G, SO, M)</i>	
<b>CURED REINDEER</b> .....	<b>165</b>
<i>Cured reindeer, pickled mushrooms, Grotte cheese and salat (Su, M)</i>	

## SIDES

<b>GARDEN SALAT</b> .....	<b>55</b>
<i>Season greens with soy sauce &amp; mirin (SU, SO)</i>	
<b>CHIMICHURRI FRIES</b> .....	<b>55</b>
<i>Chimichurri spiced french fries</i>	
<b>CRISPY BRUSSEL SPROUTS</b> .....	<b>55</b>
<i>Fried Brussel sprouts, dashi &amp; vinegar (SU)</i>	
<b>SAUCES</b> .....	<b>35</b>
<i>Tarragon-dip (E, SN, SU)/red wine sauce (SI, SU)/jalapeno-mayo (E, SN, SU)</i>	



#KITCHENANDTABLE @KITCHENANDTABLE

# MAINS



## URBAN GARDEN

GREEN MAIN COURSES WITH YOUR CHOICE OF SIDE FROM THE GRILL

### SOUTHERN LIGHT

*Fried shiitake, roasted tomatoes, grilled zucchini, fennel & Barigoule (M, SU)*

### ORIENT EXPRESS

*Miso roasted parsnip, cauliflower puré, tamarind, carrot crudité, roasted hazelnuts & , broccolini, syltet (M, N)*

### WICKED LEEKS

*Butter baked leeks, pickled red onions, hollandaise & croutons, broccolini (G, E, M)*

+ HOME SMOKED CHEESE 120 GR (M) .....235

+ BLACK GARLIC FILLET OF «SEI»(F) .....255

+ SZECHUAN PEPPER BUTCHERS CUT .....265

## LOCAL SPECIALS

**TENDERLOIN OF NIDAROS**.....365

*Tenderloin, timian sauce, saute vegetables, mushroom, potetpuré, french beans (SI, SU, M)*

**CATCH FROM MUNKHOLMEN**.....325

*Catch of the day, potato purée, seasonal vegetables, noisette butter sauce vierge (E, M, SO, SU)*

## K&T CLASSICS

**SPANISH HARLEM BURGER**.....275

*Beefburger, brioche, chorizo, salsa, manchego cheese & jalapeno-mayo With your choice of Chimichurri fries & Garden Salad (G, E, M)*

**BUTCHER'S N GARDENER'S** .....345

*Chef's choice of meat, salsa verdé, roasted onions, red wine sauce & chimichurri fries (E, M, SU, SO)*

**KALE & EGG CÆSAR - ½ PR 1/1**.....125/225

*Cajun spiced Chicken, romano lettuce, green kale, capers, , baked tomatoes, parmesan & croutons (E, G, M, SU)*

## TO SHARE MAINS



### Trondheim Mixed Grill for two

*Grilled beef, baked chicken, chorizo, grilled veggies, red wine sauce, berberé béarnaise & chimichurri fries (E, M, SI, SU)*

545

## SWEETS & DESSERTS

### SWEET & SOUR

*Sea buckthorn ice cream, yoghurt mousse, caramel sauce & crumble (N, L)*

92

### BIG APPLE

*Granny smith sorbet, jerusalem artichoke mousse, cookie dough, roasted pistachios & apple chips (G, N, L, E)*

135

### BANANA SKIDS

*Brownie, caramelized banana, vanilla ice-cream & chocolate sauce (N, E, L)*

125

### LET'S GO CRAZY

*Suprise yourself or all of you around the table. "Sharing is caring" We make a tray with all the staff favorites, some may also not on the meny. (Please tell us if you have some allergies)*

125/PP

Allergens: G = Gluten M = Milk E = Egg S = Shellfish F = Fish P = Peanuts N = Nuts SO = Soya SI = Celery SN = Mustard Se = Sesame Su = Sulphites Lu = Lupins B = Molluscs C = Citrus L = Lactose LE = Legume



# WINES

**BASIC** **GLASS 99** **BOTTLE 395**

<b>WHITE</b>	<b>DA LUCA PINOT GRIGIO</b> <i>Pinot Grigio, Sicily, ITALY</i>
<b>RED</b>	<b>DA LUCA NERO DE AVOLA</b> <i>Nero D'Avola, Sicily, ITALY</i>

**SOME EXTRA** **GLASS 115** **BOTTLE 425**

<b>WHITE</b>	<b>NOBLE VINES 446 CHARDONNAY</b> <i>Chardonnay, California, USA</i>
<b>RED</b>	<b>MARQUES DE CACERES CRIANZA</b> <i>Tempranillo, Rioja, SPAIN</i>

**LETS GO CRAZY** **GLASS 125** **BOTTLE 595**

<b>WHITE</b>	<b>L.MOREAU CHABLIS</b> <i>Chardonnay, Burgund, FRANCE</i>
<b>RED</b>	<b>NOBLE VINES 667 PINOT NOIR</b> <i>Pinot Noir, California, USA</i>

## MARCUS SAMUELSSON WINES

**LENOX 125 SAUVIGNON BLANC 139/695**  
*Delicato Family, Monterey, California, USA*

**LENOX 125 RED BLEND 139/695**  
*Cabernet Sauvignon, Merlot, Delicato Family, Lodi, California, USA*

## WINES BY THE BOTTLE

**CONO SUR SAUVIGNON BLANC 398**  
*Sauvignon Blanc, Casablanca, CHILE*

**ANSELMANN RIESLING CLASSIC 570**  
*Riesling, Pfalz, GERMANY*

**FRANCK MILLET, SANCERRE 595**  
*Sauvignon Blanc, Loire, FRANCE*

**MARQUES DE CACERES CRIANZA 435**  
*Tempranillo, Rioja, SPAIN*

**GNARLY HEAD ZINFANDEL 520**  
*Zinfandel, California, USA*

## SPARKLING

**DA LUCA PROSECCO GLASS 99 / BOTTLE 425**  
*Sicilia, ITALY*

**CASTELLBACH EXTRA BRUT GLASS 105 / BOTTLE 505**  
*Macabeo, Chardonnay, SPAIN*

**APEROL SPRITZ GLASS 105 / BOTTLE 505**  
*ITALY*

**NICOLAS FEUILLATTE BRUT GLASS 145 / BOTTLE**  
*Chardonnay, Pinot Meunier, Pinot Noir, Chamange, FRANCE*

## BEER

**DAHLS 0,5L 95**  
**BOLT IPA 0,5L 105**  
**1664 BLANC 0,5L 128**  
**AUSTMANN IPA/HB/UTPÅ/TGD 98**  
**BROOKLYN EAST IPA 98**  
**CORONA 89**  
**BUDWEISER 89**  
**GINGER JOE GINGER/PEAR 98**

## SOFT DRINKS

**HOUSE LEMONADE 52**  
**ORANGE JUICE / APPLEJUICE 45**  
**APPLEJUICE FROM EGGE GÅRD 45/165**  
**MINERALWATER 33CL 52**  
**CARLSBERG NON ALC 33CL 58**

## KITCHEN & TABLE

# COCKTAILS

**ALMOST TOO GOOD TO BE TRUE!**

*Our cocktails are created with a NO-WASTE philosophy. Clever teamwork, seasonal produce and No waste - just delicious food and drinks!*

**#CLEVERCOCKTAILS** 🍹

## CLASSIC COCKTAILS

**MANHATTAN 4CL 120**

*Rye whiskey, sweet vermouth, angostura bitters*

**NEW YORK SOUR** 🍹

*Bourbon, lemon, sugar, aqua faba, red wine (C, LE)*

**K&T MARMELADE SMASH** 🍹

*Gin, lime, sugar, seasonal marmalade, mint (C)*

**MAPLE OLD FASHIONED**

*Bourbon, cognac, angustura, maple syrup*

**COSMOPOLITAN** 🍹

*Vodka, cointreau, lime, cranberry, sugar (C)*

## NOT SO CLASSIC COCKTAILS

**LEFTOVER COCKTAIL 4CL 120** 🍹

*Dark rum, apricot, lime, cutting board cordial (C)*

**GENERATION AIFÅVVN** 🍹

*Dark rum, liquorice, raspberry, lime, sugar, soda (C)*

**PASSION MARTINI** 🍹

*Vanilla vodka, passion fruit, lime, sugar, sparkling wine (C)*

**ESPRESSO MARTINI** 🍹

*Vanilla vodka, kahlua, sugar, espresso*

**GRAZY TOILLBALL** 🍹

*Gin, lime, sugar, mint, sparkling wine (C)*

**CHECK ALSO OUR FRESH AND COOL BAR MENY WITH BEVERAGE**

*For more Goodness ask our bartenders!*



KITCHEN & TABLE

TRONDHEIM

BY MARCUS SAMUELSSON